

Fall Newsletter

Heart Attack and Stroke Warning Signs

Stroke Warning Signs

The American Stroke Association says these are the warning signs of stroke: Sudden numbness or weakness of the face, arm or leg, especially on one side of the body

- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

If you or someone with you has one or more of these signs, don't delay! Immediately call 9-1-1 or the emergency medical services (EMS) number so an ambulance (ideally with advanced life support) can be sent for you. Also, check the time so you'll know when the first symptoms appeared. It's very important to take immediate action. If given within three hours of the start of symptoms, a clot-busting drug called tissue plasminogen activator (tPA) can reduce long-term disability for the most common type of stroke. tPA is the only FDA-approved medication for the treatment of stroke within three hours of stroke symptom onset.

Dial 9-1-1 Fast

Heart attack and stroke are life-and-death emergencies — every second counts. If you see or have any of the listed symptoms, immediately call 9-1-1. Not all these signs occur in every heart attack or stroke. Sometimes they go away and return. If some occur, get help fast! Today heart attack and stroke victims can benefit from new medications and treatments unavailable to patients in years past. For example, clot-busting drugs can stop some heart attacks and strokes in progress, reducing disability and saving lives. But to be effective, these drugs must be given relatively quickly after heart attack or stroke symptoms first appear. So again, don't delay — get help right away!



Please Help Us Guarantee You Work By Doing The Following:

- Your file must be up to date.
- You must call with your schedule ahead of time.
- You need to answer your phone promptly at confirmation time.
- You have to arrive on time, sign in at the beginning of your shift and sign out at the end of your shift. **DO NOT SIGN IN & OUT AT THE SAME TIME.**
- No artificial nails, wear professional attire, have a professional attitude, be courteous and helpful to staff.
- Carry your credentials at ALL TIME to the hospital you have been assigned to.
- Be motivated, take initiative and complete your work on time.
- **Widen your horizon, start choosing different hospitals that you would like to try and willing to go to. This will increase your opportunities to get work.**
- **You must take your breaks every time you are sent to work at one of our client hospitals. Make sure you coordinate with the charge nurse when you take your break and make sure to sign out when taking your break and sign back in when returning from your break.**

Premier
Nursing
Services, Inc.

Calendar of Events

- Our CPR re-certification Course will be held on Saturday Dec. 6, 2008 at IOAM at the Long Beach Office.
- Future Classes are TBA

Visit us on the web at
www.premiernursing.com

For Complaints or Comments call
(562) 900-8684

Please help us by working on the weekend. ALL shifts are busy.

As a valued colleague we need you to note the following so we could serve you better. Please review your payroll check, examine carefully the attachment, and verify the following:

1	Date of shift worked
2	Hospital name
3	Hourly rate
4	Number of hours worked
5	Regular time paid
6	Over time paid
7	If you worked double time, please check it out