



## POSTPARTUM SKILLS CHECKLIST

- 1 = No Experience  
 2 = Perform infrequently (would require some supervision)  
 3 = Able to perform without any supervision

**NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

	1	2	3
<b>1. EMERGENCY PROCEDURES</b>			
A. CPR			
B. Defibrillation			
C. Ambu Bag			
<b>2. MEDICATION ADMINISTRATION</b>			
A. Unit Dose			
B. Oral			
C. Intramuscular			
D. Subcutaneous			
E. Z Tract			
F. Intravenous Push			
G. IV Piggyback - Additives			
H. Charting medications with results			
<b>3. DIRECT PATIENT CARE</b>			
A. Bed Making			
B. Bed Bath			
C. Oral Hygiene			
D. Vital Signs			
E. Bed Scale			
F. Range of Motion			
G. Turning			
H. Intake & Output			
I. Feeding Patient			
J. Decubitus Care			
K. One Touch Glucometer			
<b>4. ASEPTIC TECHNIQUE</b>			
A. Urinary Catheters			
1. Insertion – Female			
2. Insertion – Male			
3. Supra-Pubic			
4. Irrigation			

	1	2	3
B. Dressings			
1. Sterile			
2. Unsterile			
C. Infection Control Procedures			
D. Isolation Techniques			
1. Skin & Wound			
2. Strict			
3. Respiratory			
4. Enteric			
5. Reverse			
6. Universal Precautions			
<b>5. TUBES, INSERTION OF &amp; DRAINAGE</b>			
A. Nasogastric			
B. Feeding Tubes			
C. Chest Tubes			
D. Penrose Drain			
E. Pleur-Evac			
F. T-Tube			
G. Hemovac			
H. Technique & equipment to suction Emerson, Gomco, Wall-suction			
I. Rectal Tube			
<b>6. ENEMAS, TAP H2O, S.S., FLEETS</b>			
<b>7. NEUROLOGICAL SIGNS</b>			
<b>8. RESPIRATORY</b>			
A. O2, MASK & PRONGS			
B. NEBULIZERS			
C. IPPB			
D. RESPIRATORS – MA-1 BIRD			
E. PERCUSSION, DRAINAGE			
F. SUCTION – NASOTRACHEAL & ENDOTRACHEAL			
G. TRACH CARE			

### POSTPARTUM SKILLS CHECK LIST

	1	2	3
<b>9. INFUSIONS – TYPE &amp; METHOD</b>			
A. Blood			
B. Blood Products			
C. Hyper alimentation			
D. Butterfly			
E. Intravenous Catheters			
F. Heparin Locks			
G. Pump/Controller			
H. Care of IV Site			
I. PCA Machines			
<b>10. POSTPARTUM ASSESSMENT</b>			
Vital Signs			
Breasts			
Fundus			
Abdominal Incision			
Perineum			
Vaginal Bleeding			
Homan's Sign			
Bladder Distention			
Maternal Adjustment			
Assessing I & O			
Providing Ice/Heat Lamp Treatment			
IV Therapy - Starts and Maintenance			
<b>11. ASSISTING PATIENT WITH (INCLUDING TEACHING)</b>			
Breast Feeding Infant			
Bottle Feeding Infant			
Bathing Infant			
Cord Care			
Changing Diapers			
Dressing and Wrapping Infant			
Post Circumcision Care			
Teaching Patient About Her Own Skin Care			

	1	2	3
Working Knowledge of Breast Engorgement			
Prevention Methods			
Caring for Patient Giving Infant up for Adoption			
Caring for Patient with Critically Ill Infant			
Caring for the Grieving Post-Partum Patient			
Mother/Baby Care			
Charge Nurse Experience			
Team Leader Experience			
Charting Within the Legal Aspects of Law			
Knowledge of Infectious Disease			
Precautions			
<b>12. DOCUMENTATION</b>			
A. Focus Charting			
B. Meditech Computer System			
C. 24-Hour Patient Care Record			
D. Nursing Care Plans			
E. Flow Sheets			

**NUMBER OF YEARS EXPERIENCE:**

PP \_\_\_\_ Peds \_\_\_\_ Nsy \_\_\_\_

**CERTIFICATIONS:**

CPR \_\_\_\_\_ EXP DATE: \_\_\_\_\_

NRP \_\_\_\_\_ EXP DATE: \_\_\_\_\_

PALS \_\_\_\_\_ EXP DATE: \_\_\_\_\_

OTHERS \_\_\_\_\_ EXP DATE: \_\_\_\_\_

The information I have given is true and accurate to the best of my knowledge. I hereby authorize Premier Nursing Service to release this list to its client health care facilities.

\_\_\_\_\_  
Signature Date

Authentication By Agency:

\_\_\_\_\_  
DON Signature Date