



RESTRAINTS TEST

Choose the correct answer.

1. Use of restraints has the potential to cause:
 - a. Physical and psychological harm
 - b. Loss of dignity
 - c. Death
 - d. All of the above
2. The following behaviors might result in the use of *behavioral* restraints:
 - a. Unanticipated outburst of severe aggressive or violent behavior
 - b. Presence of monitoring device
 - c. Acute suicidal, self-destructive behavior
 - d. A & C
3. An order for behavioral restraints is limited to a maximum of:
 - a. 8 hours
 - b. 24 hours
 - c. 48 hours
 - d. 4 hours for adults, 2 hours (9-17 y.o.) and 1 hour (up to 8 y.o.)
4. When restrained for behavioral health care reasons anywhere in the Medical Center, a patient must be observed:
 - a. Every hour
 - b. Every 2 hours
 - c. Every 15 minutes
 - d. Continuously
5. Restrained patients must have circulation and neurological checks on the restrained extremity at least every:
 - a. Every 15 minutes
 - b. Every 45 minutes
 - c. Every 1 hour
 - d. Every 2 hours
6. Documentation for any patient who is restrained must include:
 - a. Description of behavior leading to the use of restraint
 - b. Description of less restrictive measures implemented and patient's response
 - c. Date and time restraint placed on patient
 - d. All of the above
7. A patient who is exhibiting which of the following behaviors is at risk for aggression/assaultiveness:
 - a. Anxiety
 - b. Refusal/non-cooperation
 - c. Threats
 - d. All of the above

End